



COVID-19 Guidance & Clinical Procedures

Last Updated: May 9, 2022

Dear Current and Future Clients:

Please consider this communication as an update to our Health & Safety Policy, in accordance with Harris County guidance and orders, which are still in effect per my review of the Ready Harris County website as of the date of this communication.

As [the Threat Level has reduced to 3 \(moderate\)](#) as of the date of this writing, **the office will be open for in-person services effective 05/19/2022.** Please note that **in-office services are optional** at this time, as all insurers are still offering liberalized coverage of tele-health services in support of further reducing the impact of the pandemic. Further, **in-office sessions will only be offered Thursdays and Fridays.** I will continue to monitor public health sites regularly for updates on the risk level.

Regarding in-office operations, **I intend to fully comply with any current guidance and policies outlined by Harris County.** There are no current mask or occupancy mandates. I typically have no more than 2 persons (excluding myself) in the office simultaneously. There is space to remain 6 feet apart in both the waiting area and the private office. Thus, I will leave the decision for clients to mask to their own discretion, considering their own health history. As I also work in a hospital environment, I self-monitoring regularly, mask when appropriate, and will communicate any changes to be ability to meet in person rapidly.

Though we are encouraged by this progress, please continue to [exercise all precautions to avoid COVID-19 infection or transmission](#), especially if you are a member of a vulnerable population. Consider [taking the vaccine](#). Consider [regular testing](#) to know your status as well. Take EXCELLENT care of yourself, and each other.

Be Well,

~Dr. Andrews