

Prep for Virtual Therapy:

The Doxy.me Quick Guide

*Doxy.me is an encrypted, secure, HIPAA & HITECH compliant telemedicine platform.
Please review this brief guide to prepare for your first virtual therapy session.*

1 Use a computer or device with a camera/microphone.



PC and Mac
Chrome | Firefox | Safari



Android
Chrome



iOS
Safari

2 Enter <https://doxy.me/level3> into the web browser.

3 Type in your name and click to check in. No software download or registration is needed.

4 Allow your browser or device to let doxy.me use your webcam and microphone.

5 I will contact you by chat to make sure you are ready to start the video!

Video Visit Tips:

- ★ Use a strong internet connection (wifi preferred)
- ★ Restart your device before the visit
- ★ Test your connection before the visit
- ★ Use headphones or reduce speaker volume if you hear an echo
- ★ Slow connection? Close other programs using memory
- ★ Bad video? Close other programs/services using the bandwidth
- ★ Need help? Send a message to doxy.me customer service